

asiaSpa



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the soulful ISSUE

INNER VOICES RING LOUD
during a silent retreat

TOP10 SPIRITUAL PILGRIMAGES

how to...
soothe your soul

energy healing
goes mainstream

a-z of the caribbean
soak up the calm
IN HUA HIN

multi-cultural ki

Hong Kong, China HK\$48
Singapore S\$6 (inc GST)
Malaysia M\$15 • Thailand B200
China Rmb60 • Philippines P220
Indonesia RP35,000 (inc tax)
Japan ¥1,500 • Korea W6,000
Taiwan, China NT\$200 • Australia AU\$8
New Zealand NZ\$8

